



Yankee News



The Publication of AHEPA District #7 Connecticut, Rhode Island, and Western Massachusetts In Continuous Publication Since 1949 September 2025

103rd Annual Supreme Convention in Lake Buena Vista, Florida



The Order of AHEPA held the 103rd annual Supreme Convention in Lake Buena Vista, Florida, at Disney's Coronado Springs Resort. During the convention, Brother E. Chris Kaitson of Houston, Texas, was elected by the AHEPA delegation to serve as the Supreme President. "Our future is bright, and there's no doubt about that," said Kaitson. He received his jewels from Millie Kouzounis, the widow of Past Supreme President and Houston native Anthony Kouzounis, a dear friend.

The 2025-26 Supreme Lodge officers for AHEPA are:

- Supreme President: E. Chris Kaitson
- Supreme Vice President: Dr. Zenon Christodoulou
- Canadian President: Anastasios Moussas
- Supreme Secretary: Themistocles P. Frangos
- Supreme Treasurer: Marshall Monsell III
- Supreme Counselor: Ted Stamas
- Supreme Athletic Director: Chris Atsaves
- Sons Advisor: Theodore Vittas
- Supreme Governors:
 - Region 1: Steve A. Nickolson
 - Region 2: Alex Barlamas
 - Region 3: Dean Moskos
 - Region 4: Gregory Simones
 - Region 5: Craig Theros
 - Region 6: Thomas Clemons
 - Region 7: Mark Bullock
 - Region 8: George McClure



Grand President Antoinette Marousis-Zachariades

Sister Antoinette was elected Grand President of the Daughters of Penelope. She is married to Andrew C. Zachariades, Past Supreme President of the Order of AHEPA and they share a blended family of three daughters, two sons-in-law and eight grandchildren and remain deeply committed to the values and future of the AHEPA Family. Her journey in the DOP began in 1998, when she was initiated into Chapter Aphrodite #374, Toms River, NJ. Currently, she is a member of District 5, Aulis #195, Ocean, NJ.



Orlando, FL, 103rd Supreme Convention, July 2025

Submitted by Greg Simones

Eight (8) Yankee District 7 AHEPA Family members (2 DOP, 5 AHEPA, 1 SOP) attended the Convention. District 7 highlights of the convention are: 1) the election of Greg Simones, PDG of New London, CT AHEPA 250 as Region 4 (New England) Supreme Governor, 2) Yankee News (official publication of District 7) won second place in the district printed category, 3) Greg Simones helped conduct the Sixth International Hellenic History Tournament (HHT) under the direction of Brother Themistocles Frangos, ST where the Toronto, Canada Tonight We Dine in Hellas team brought home the championship with the Spartans of Chicago placing second. A total of \$10,500 in prize money was distributed in HHT and 4) Athletes with ties to District 7 that were recognized were Scholar-Athletes Christian Menounos (Cross Country) from Brooklyn, CT (Woodstock Academy) with the Monthe N. Kofos Athletic Booster Club Award and Peter Vomvolakis (Football) from Riverside, CT



Greg Stamos, PSC, Greg Simones, SG
Region 4 & George Scarveles, PSG



Brother Dr. John Grossomanides, PSP, and his wife, Daughters of Penelope Sister Anna-Helene, PGP

(Greenwich High School) with the Anthony Leondis Memorial Scholarship; AHEPA National Athletic awardee John Poulakidas of Naperville, IL and Yale University Basketball player with the William J. Chirgotis Most Outstanding Collegiate Athlete award; and AHEPA Athletic Hall of Fame inductee Peter Soteropoulos (UConn Baseball) and 5) AHEPA members voted to pass four of five legislative issues and two resolutions: a) Added AHEPA National Projects Rules and Regulations to AHEPA Bylaws; b) Alternative or more common titles for Supreme Lodge officers when communicating outside of the AHEPA Family at their discretion (i.e., instead of Supreme President use President of AHEPA International); c) Supreme Convention chapter delegate reporting period is changed from June 1 to May 1 to allow for sufficient time for administrative preparations; d) the nomination of AHEPA Supreme Convention Officers would be open 60 days and close 30 days before the Convention. It covers the procedures for contest offices also. The first Resolution approved a nationally observed AHEPA Service Day (the date has not been determined) and the Sons of Pericles members younger than 28 have the option to be registered as a dual member of AHEPA and the SOP. If a Son's chapter does not exist then they can be enrolled in the SOP Chapter at Large.



A MESSAGE FROM THE AHEPA D7 GOVERNOR

Dear Brother AHEPANS of Yankee District 7,
I hope everyone is enjoying their summer. I would like to announce that we have chosen the venue for our 2025 Fall Conference. It will be at the Paideia Center at University of Connecticut and will be held Saturday November 8, 2025. Information will be provided to the members soon.

Past district events that I attended included the Tri-District convention hosted by District 8 and held at the Holiday Inn in Norwich, CT on May 2 and 3, 2025 and the 2025 District Scholarship Awards Banquet at the Holy Trinity Church in Waterbury, CT on May 22, 2025. A record \$28,300 in scholarships was given to 24 deserving college students. Scholarships continue to be given out by many of the chapters to local high school seniors.

Future events include the Hartford Chapter Centennial Gala on October 18, 2025 and Providence Chapter Centennial Gala on June 13, 2026 celebrating their 100th anniversaries and the Hellenic History Tournament to be held November 22, 2025 at St. Barbara Church in Orange, CT

I continue to look forward to meeting the 700+ members of the fourteen Chapters of District 7 during the year. I will close my greetings to all brothers by suggesting that they visit our web site often so as to

remain current about developments and coming events in the district. I am hoping that this website will become an effective medium for open and positive communications in our district.

Fraternally, John Fakis

AMERICAN HELLENIC EDUCATIONAL
PROGRESSIVE ASSOCIATION



GREGORY J. STAMOS

**PAST
SUPREME
COUNSELOR**

200 MAIN ST. * P.O. BOX 166
ANSONIA, CT 06401
(203) 735-9293 * (203) 734-5065 (F)
Email: stamosatty@sbcglobal.net



A MESSAGE FROM THE DOP D7 GOVERNOR

Dear District 7 Sisters,

I hope you all had a wonderful summer and looking forward to the fall foliage.

Let me introduce our newly elected District 7 lodge for 2025-2026. Next to their name and contact information are their liaison chapters.

Marcella Calagias, District Governor – marcella.calagias@verizon.net

Elisa Marotta, Lt Governor –

esmarotta@gmail.com – Hermes #41 & Eretria #138

Marianne Boutsoulis, Secretary – mboutsoulis@gmail.com – Thoas #198

Katina Arnold, Treasurer – katina.arnold@gmail.com – Deucalion #199

Christina Smith, Marshal – smithtmeg@hotmail.com – Asteria #368 & Lysandros #181

Penny Pecka, DOP Advisor – ppecka@newhaven.edu

Please do not hesitate to contact your liaison officer or myself for assistance.

I am looking forward to visiting all of your chapters this fall. Please let me know what day is best so I can add you to the lodge calendar.

We have updated our website dopdistrict7@gmail.com and would love to post information and flyers for all your upcoming events.

I encourage all of us to support each other's chapter events. It's a great way to connect and build new relationships with all our sisters.

Our District fundraisers this year will be the money raffle and the Theta Pi shopping bags. Please help us sell as many as possible. You will be receiving tickets soon and please let us know if you need more.

I am looking forward to seeing everyone at the fall conference on November 8, 2025 at the Paideia Center at UConn in Storrs, CT. I will be sending out detailed information soon.

With Love in Theta Pi, Marcella Calagias, District Governor

*Compliments from
the Brothers of*

**SOPHOCLES
CHAPTER No. 106**

Providence, Rhode Island

PRESIDENT
GEORGE SCARVELES

VICE PRESIDENT
EMANUEL COSMAS

SECRETARY
JAMES BENAS

TREASURER
GEORGE ANTONELLIS

CORRESPONDING SECRETARY
GREGORY STAMOS

**Daughters of Penelope
Deucalion #199, Waterbury
Officers**

President: Barbara Tzepos
Vice President: Jennifer DeMatteis
Secretary: Grace Morikis
Treasurer: Julie Koulouris
Priestess: Maria Forte
Corresponding Secretary: Gina Kotsaftis

Compliments of

**Waterbury Chapter #48
District
Mother Chapter**

Waterbury, CT



EDITOR'S NOTES by Greg Simones, SG Region 4
 Communication is the life blood of AHEPA! They are the chronicles of AHEPA for us today and for future AHEPANs to explore as history. At the recent Supreme Convention in Orlando, FL, I met with our brothers from the AHEPA Voice (District 5, NJ and DE) for a publication meeting. We are the only two districts that produce a paper publication (Costs are progressively driving us out of that arena). The AHEPA Voice (since 1940) won top honors for district publication and Yankee News (since 1949) received second place. I gave a presentation on the Convention floor after that meeting encouraging every chapter and district to tell their stories (Also, to share those stories with the AHEPAN Magazine).

Support the national publications committee by submitting your publications for consideration in the annual awards program. In that way, you tell the stories of AHEPA to a broader audience and help our organization grow. What do you think? Write to me at pdgahepad7@gmail.com with your feedback.

District 7 chapters, I want to see your e-newsletters! Norwich, CT is our most comprehensive chapter information source. If you feel stuck on starting a newsletter, use one that already exists for ideas and a template. Contact Yankee News staff for assistance and helpful tips.



Jim Penders UCONN Baseball Coach 2004-Present, Peter Soteropoulos, Andy Blaylock, UCONN Baseball Coach 1983-2003. Peter Soteropoulos 2025 AHEPA Hellenic Athletic Hall of Fame 2025 Inductee, had an outstanding college baseball career at UCONN. Peter was a starting pitcher and position player with a career batting average of .371 including 199 hits and

128 RBI's; he compiled a 13-9 record as a pitcher. He was a two-year UCONN Captain and voted All-Big East Conference for each of his four seasons. Peter was drafted by the St. Louis Cardinals in 2003, played two seasons in the Minor leagues and was a starter on the Greek National Baseball team in the 2024 Athens Olympics.

Peter Vomvolakis, Riverside, CT (Greenwich High School), is the selectee of the AHEPA Scholar-Athlete - Anthony Leondis Memorial Scholarship. A four-year starter for Connecticut State Football Champion Greenwich (2022 & 2024), Peter was a three-time All-State Selection, selected Connecticut Player of the Year by the New England Football Journal, & inducted into the Fairfield County Hall of Fame, Class of 2025; a member of the Honor Roll, Peter will play football at The United States Naval Academy.



STORTON CREATIVE

- Dynamic Websites & Domain Hosting
- Responsive & Secure Mobile Websites
- Logo/Print Design & Publications
- Social Media Assistance
- Personalized & Promotional Products
- Mugs, tumblers, badges, awards & more!

Wynn Storton, PSG-8, PDG-D20
 760.832.2825
 Wynn@StortonCreative.com
 Webmaster of AHEPA D7 Family & Others

Eptahorian Saint George Society
 Founded in Nashua, NH in 1903
 Since its inception, June 3, 1924, Greek-Americans from Eptahori, Greece have taken an active role in AHEPA Chapter 48 of Waterbury, Connecticut. Currently, over forty Eptahorians are also involved fraternally in the AHEPA and Daughters of Penelope.



Compliments



**Order of AHEPA
 Elpis Chapter # 117
 New Britain, CT**

“The secret of happiness, you see, is not found in seeking more, but in developing the capacity to enjoy less.”

- Socrates -




Hope, Success and Health
 for all the AHEPA Family.
 -Demetrius E. Tasoulas-




DIBBLE & ROSSI, P.C.
 Certified Public Accountants

Elaine Tzepos Dibble, CPA
 &
 Raymond E. Rossi, Jr., CPA

Phone: (203) 754-3134
 Fax: 203.755.0735
ray@pdrpcas.com elaine@pdrpcas.com

515 Watertown Avenue
 Suite A
 Waterbury, CT 06708



Compliments of
Affordable Housing in Hartford



AHEPA 58 APARTMENTS & AHEPA 58-II APARTMENTS
 1532 BERLIN TURNPIKE 1534 BERLIN TURNPIKE
 WETHERSFIELD, CT 06109



Riverview
 Restaurant & Lounge

Sunday—Thursday 11am—9pm
 Friday & Saturday 11am—10pm

860-564-3632

632 North Main St. (Route 14), Moosup, CT 06354

•Fine Food •Cocktail Lounge •Banquet Facilities

Compliments,
 Brother Fred Stavropoulos
 Brother Nicholas Stavropoulos



To the outside world, we all grow old. But not to our brothers and sisters. To them we will live eternal.

New Britain AHEPA Chapter 117 Mourns the Loss of Its Long Time Treasurer - Brother Evangelos "Angelo" Moutogiannis of New Britain Chapter 117 peacefully passed away in May 15, 2025. Born in Doliana, Greece December 3, 1937, Angelo, his wife Aspasia and their children emigrated to the United States in 1970. Angelo was initiated into the order of AHEPA in 1980. For more than two decades Brother "Angelo" served as our chapter's Treasurer and was honored as AHEPAN of the Year.



In addition to his duties as chapter Treasurer, Angelo was a very devoted member of St. George Greek Orthodox Church. He served as Parish Council President for 15 years, and an equal number of years as Chairman of its annual Dionysos Festival. For 35 years Angelo owned Pizza Pal in New Britain. He was well known for supporting and helping local veteran's organizations, those in need, and especially the New Britain Police Department. The New Britain Police Department was so appreciative his support, they provided a police escort for the funeral cortege from St. George to Fairview Cemetery. Angelo did not forget the land of his birth, when New Britain wished to establish Giannitsia as a sister city in Greece, Angelo was instrumental making it happen. In addition to his wife, Brother Angelo is survived by his three children Konstandinos, Eleni, and Efrosini and seven grandchildren. Evangelos "Angelo" Moutogiannis will be sorely missed by his Brother AHEPANS, the Hellenic Community of St. George, as well as his many friends.

Harold is survived by his daughters Amelia and Abigail Demopoulos; son-in-law Bismarck Myrick, Jr.; grandchildren Malcolm and Meredith Myrick; sister-in-law Tina Demopoulos; first cousin George Petropoulos, with whom he lived and dined at the Rhode Island Veterans Home in his last years, and many nieces and nephews. Memorial donations may be made to: the Rhode Island Veterans Home, 480 Metacom Avenue, Bristol, RI 02809; or to: St. Spyridon's Greek Orthodox Church, 390 Thames St. Newport, RI 02840. His family is very grateful to the staff at the Veterans Home for their excellent care, patience, and kindness during Harold's years there. Their dedication comforted him, and it comforted us. Editor Note: Harold Demopoulos was Yankee District 7 Governor 1966-1967

Christos John Totolis, 88, of Bradenton Florida, passed away on May 11, 2022. He was born in Endicott, NY on April 15, 1934, and graduated from Union Endicott High School after which he entered the U.S. Navy during the Korean War, serving on two ships for 4 years as an electrician and 2nd class petty officer. Upon his return, he graduated with a degree in industrial engineering from Oklahoma State University, married Barbara Richards, and raised two children in Weatherfield & Ridgefield, CT. He earned an MBA from the University of Connecticut while working as a computer systems analyst at United Technologies, Pratt & Whitney aircraft division, and Perkin-Elmer. His career moved into Management Consulting, a job that brought him great satisfaction helping small businesses and start-ups. A colleague introduced him to Mason's Island off of Mystic, CT where he began summering with his family, eventually retiring there. Chris also owned two companies which manufactured semiconductors, photomasks, and printed circuit boards; was an active member of AHEPA (PDG) and enjoyed golf, bowling, bocce, family reunions in Greece, and a good off-color joke. Chris is survived by his wife of 16 years, Karen (Gardner) Totolis, his brother Theo (Cindy) Totolis, and his two children from his first marriage to Barbara Richards who predeceased him: daughter Cynthia Morgan of Perugia Italy, and son John (Lyndsey) Totolis of Mount Vernon, NY. He will be sorely missed by his beloved grandchildren Henry, Jack, Sophia, Stella and Christos and over a dozen nieces and nephews from Thessaloniki. Editor Note: Past District Governor Chris Totolis's (1986-1987) family had his 3-year memorial at St. Sophia Hellenic Orthodox Church, New London, CT July 13th, 2025.



Harold W Demopoulos January 14, 1924 ~ September 16, 2024 (age 100) Harold W. Demopoulos, of Bristol, passed away on September 16, 2024, at the Rhode Island Veterans Home. He was the husband of the late Frances (Scorzoni) Demopoulos. Harold was the son of the late George K. and Grace (Loures) Demopoulos. He lived in Rhode Island for 100 years. Harold took great joy and pride in that. He was also proud of his Greek heritage and his membership at St. Spyridon's Greek Orthodox church in Newport; his Army service in Europe during World War II; his over fifty years practicing law in downtown Providence; celebrating the 4th of July parade in Bristol with lifelong friends; and his alma mater, Brown University. Harold spent decades every Fall at Brown Stadium with his late, dear friend Jack Linnell, in seats at the fifty-yard line, cheering on the Bears and hoping for a win. In addition to his wife and parents, Harold was predeceased by his siblings: Constantine G. Demopoulos, MD; Georgette Martins; and Joan Latos.



Providing Secure Elderly Housing in 88 Buildings!

AHEPA National Housing Corporation has been providing affordable, independent housing for low income elderly since 1980. In this short period, 89 buildings have been built, providing 4,650 housing units, with a total HUD commitment of almost \$600 million.

The involvement of the AHEPA and Penelope Family Chapters provides the strong foundation for the projects, both financially, social and supportive services for the tenants.

AHEPA Senior Living, established in 1991, provides management for all the AHEPA projects.

In 2018, National started living venture for those AHEPA a new assisted seniors who need

For Further Information Contact:

Executive Assistant
10706 Sky Prairie Street

Phone (317) 849-6880
Fax (317) 288-0811

The Olive Hive

ENJOY GREECE IN EVERY DROP

Awarded Olive Oil & Rare Honey Varieties from Greece now in the US

Shop Now at **TheOliveHive.com**

Tampa, FL

info@theolivehive.com

Facebook, Instagram, TikTok icons and theolivehive

Medicare does not have to be confusing!

Eleni Pitsouli, M.B.A.
Licensed Insurance Broker

Specialized in servicing the **Medicare needs** of the Greek American community within the State of Connecticut

- Medicare Advantage Plans
- Medicare Supplement Plans
- Prescription Drug Plans

Certified With All Insurance Carriers!
Μιλώ άπταιστα Ελληνικά και Αγγλικά

6 Woodmont Drive East Hartford, CT 06118
Phone/Fax #: 860-895-1915
Cell #: 860-595-9401
Email: eleni.pitsouli@yahoo.com

Compliments of AHEPA 110, Inc.

Providing affordable, safe and secure housing for the elderly in Greater Norwich, CT

AHEPA 110 Apartments
AHEPA 110-II Apartments
AHEPA 110-III Apartments

Salute to a Veteran ~ Eleftherios ‘Terry’ Mitchell ~

Eleftherios “Terry” Peter Mitchell served in the Navy for eight years, including two years of active service in the Eastern Mediterranean. This was a pivotal time in both his life and world history. He was assigned to the USS Terrebonne Parish (LST 1156), a Landing Ship Tank vessel deployed as part of a peacekeeping force during the Lebanon Crisis, a period of heightened political tension in the Middle East.

As the ship’s purser, Terry played a key role in supporting the Terrebonne Parish’s mission to maintain stability and prevent further escalation of violence. Working closely with the Seabees, he gained firsthand experience in the complexities of international peacekeeping efforts.

Terry’s resilience and adaptability contributed to the success of the ship’s mission, which was a critical part of the U.S. Navy’s efforts to safeguard peace in the region. The transformative experiences he had aboard the Terrebonne Parish continue to resonate with him, as he often retells vivid stories of the excitement, camaraderie, and challenges faced during this defining chapter of his life. These tales not only capture the spirit of adventure but also highlight the profound impact of his service on his outlook and sense of purpose.

Terry has devoted his life to his family, his parish – St. Sophia (New London) and the Order of AHEPA. In 1960, he became an AHEPAN; he has held many positions in his AHEPA Winthrop Chapter 250 (New London, CT) and Yankee District 7 (including Past District Governor and Supreme Governor Region 4 – New England).

Terry’s commitment, unwavering service, and dedication to AHEPA brought him to the national level, where he held his highest role as past Supreme Secretary. At the national level, Terry has also held the distinguished roles of Secretary and Vice Chairman of the Board of Directors, served as Convention coordinator for multiple national conventions, and served as a member of the AHEPA Board of Trustees. Terry is a pioneer of AHEPA’s national housing program and is Chairman Emeritus of the Housing Committee, an Honorary Executive Board Member, and Co-Chairman of AHEPA housing at St. Basils. Through National fundraising campaigns for the AHEPA Housing for St. Basils Academy, he became affiliated with the Archdiocese of Boston. He sat on the Board of Directors at Hellenic College and Holy Cross Greek Orthodox School of Theology.

In 1959, Terry joined the St Sophia Greek Orthodox Church Parish Council with other young men returning from military duties. Over the years, Terry held many different positions on the council. In 1971, after the birth of his son, Peter, Terry dedicated his life to serving the church. He became President of the St. Sophia Building Committee, and through fundraising efforts, the church purchased the house next door. He also led the construction of the church community center. He was also part of the negotiations to obtain another building for the church from the Christian Science Center in New London, which is now home to St. Sophia’s meeting rooms and the Annunciation Chapel. Terry was the Chair of the first St. Sophia Food Festival and the raffle committee Chair.

Terry married his beloved wife, Aspasia Macris Mitchell, on January 31, 1960, and celebrated 61 years of marriage before Aspasia’s passing in 2021. Terry has four children: Lea M. Rand, Joanne Mitchell, her Partner Kathrin Burmester, Nancy Mazzulli, her husband Armand III, and their son Peter Mitchell. He has three grandchildren, Adam Rand and his wife, Dr. Jeanne Pavlakis, Zoe Mazzulli and fiancée Ryan Anderson, and Armand Mazzulli IV and fiancé Olivia Santos, and he was predeceased by his oldest grandson, Alexander Rand. Terry is also the great-grandfather of Penelope Antonia Rand and Alexandra Aspasia Rand.

Terry has been the recipient of countless awards and recognition for his lifelong devotion to the church and the Order of AHEPA, including the following:

June 1, 1975: Yankee District 7 AHEPA outstanding Hellene Award.

June 1982: Yankee District 7 AHEPAN of the Year.

March 23, 1986: Archbishop Iakovos bestowed Terry with the title of Depoutatis as an Archon of the Holy and Great Church of Christ in Constantinople.

June 8, 2014: Ministry Award for Outstanding Service to the Greek Orthodox Church of St. Sophia, New London, CT. Presented by the Greek Orthodox Metropolis of Boston.

Submitted by Adam Rand



**The AHEPA Stamford Chapter 99
salutes the
Yankee News editorial team
for their dedication,
hard work and good taste.**

**IT’S TIME FOR
COFFEE**



Omar Coffee Company
41 Commerce Court
Newington, CT 06111

www.omarcoffee.com

Personalized Service.



Expert Counsel.



Assurance



Advisory



Tax



Technology

▶ Learn more at WAdvising.com

Whittlesey
Forward Advising™

Hartford | Hamden | Holyoke

860.522.3111

*The **ARISTON Insurance** is an independent full service insurance agency with extensive experience in the unique insurance needs of the Greek American Community.*

ARISTON
INSURANCE

Titos Ritsatos

2377 Main Street

Glastonbury, CT 06033

phone: (860) 430-9820

cell: (860) 328-5592

titos@theariston.net

AHEPA NORWICH CHAPTER 110 FOUNDATION AWARDS

Each year, AHEPA "Rose of New England" Chapter 110 in Norwich, CT receives funding from the National AHEPA National Housing Corporation out of the revenues generated nation-wide by the AHEPA housing. Our Chapter manages 138 apartments in three AHEPA senior housing buildings. Our Chapter Foundation Committee makes grant awards every year to area not-for-profit organizations the Committee feels are deserving of support based on need and programming to help finance the good community work they do.

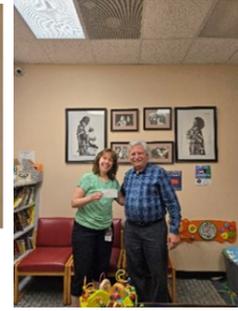
The Foundation Committee Chairman, George Grossomanides awarded thirteen (13) grants to the following groups: (1) NFA Foundation, Norwich, CT; (2) Slater Memorial Museum, Norwich; (3) Three Rivers Community College, Norwich;(4) St. Vincent de Paul Soup Kitchen, Norwich; (5) Otis Library, Norwich; (6) Madonna Place, Norwich; (7) Backus Foundation, Norwich; (8) Eastern CT Hematology Foundation; (9) ARC of Eastern CT; (10) Always Home of Mystic, CT; (11) Rose City Senior Center, Norwich; (12) AHEPA Yankee News District 7; and (13) Paedeia at UCONN, Storrs, CT.



NFA Foundation



Otis Library



Madonna Place



Slater Memorial Museum



Backus Foundation



Eastern CT Hematology Foundation



ARC of Eastern CT



Always Home of Mystic, CT

2025 AHEPA Sunday Memorial Service At Holy Trinity Church



AHEPA Sunday was observed this year on Sunday, May 18, 2025 with a Memorial Service. To honor living and deceased AHEPA Chapter 110 members at Holy Trinity Greek Orthodox Church, Norwich, CT during the regular morning service with the traditional Koliva for deceased members and Artoclesia for the living members. A light lunch of sandwiches, garden salad, cookies, beverages, and a special cake was served in the Church Social Hall after the service. A special thank you goes out to the more than sixteen AHEPA Brothers who attended this service and who helped with the service and the lunch.



Chapter 110 Attends AHEPA 2025 Annual National Housing Meeting

AHEPA Chapter 110 Brother Dr. John Grossomanides (PSP) and his wife Anna-Helene (PGP) accompanied by Brother Panayotis (Peter) Patsouris attended the AHEPA 2025 Annual National Housing Meeting in Charleston, SC in late July. They all reported the event was a great success and the hotel accommodations and food were great too.



Chapter 110 Attends 2025 AHEPA National Banquet and Capitol Hill Day

Another successful 2025 Annual AHEPA National Banquet was held in Washington, DC on the evening of May 21, 2025 at the historic Mayflower Hotel! This event this year was held in conjunction with AHEPA Capitol Hill Day held next day May 22.



Chapter 110 members in attendance for this event were Brothers Christos Valkanos, Dr. John Grossomanidis PSP, Paul Constantinou, Kimon Dafoulis, Dimitri Giatrakis their wives and Bobby Dafoulis in the top photo to the right.



Pictured in the bottom picture to the right is Brother Kimon Dafoulis with his wife Judy on either side of the Greek Ambassador to the U.S., the Honorable Ekaterini Nassika and Bobby Dafoulis.

AHEPA Chapter 48 & Daughters of Penelope Chapter 199 Scholarship Award Luncheon - June 8, 2025

Eleven students received over \$33,000 in scholarships at a luncheon hosted by the Waterbury AHEPA Chapter 48 and the Daughters of Penelope Chapter 199. AHEPA Chapter Vice President Brother Lou Gallo presented the awards. Hors D'Oeuvres, a fantastic meal prepared by brother Paul Velezis and desserts by Marianne Boutsoulis, PGG was enjoyed by all.

Top: Peter Skabardonis, Andrew Morikis, Alexander Forte
Bottom: Efrosini Nikas Sanchez, Mary Sakoulas, Kathryn Sakoulas, Karina Deros, Gabriella Gagas, Eliana Capobianco, Barbara Kotsaftis



Hartford Chapter 58 News

The Hartford Nathan Hale AHEPA Chapter 58 had a very busy spring and summer! After the completion of our Sock, Glove, and Blanket Drive for adults, the donations were presented to the South Park Inn & Shelter, located in Hartford, CT, which was quite grateful, so that we can help the residents in need to stay warm for the upcoming cold winter months.

Several Hartford brothers attended the New England Regional AHEPA Convention at the Holiday Inn in Norwich, CT, and after taking care of business, enjoyed a great dinner and dancing!

On AHEPA Sunday, chapter officers, led by our new President, Mike Zerbini, made a presentation to the community about what AHEPA stands for and its Global Mission.

Once again, in what has become the Hartford AHEPA Chapter's Annual Volunteer Commitment to the annual St. George Greek Orthodox Cathedral Festival, many brothers were involved in preparing & cooking food, manning the beverage bars, serving as cashiers, as well as many other important tasks, ensuring another great success for our community.

AHEPA Chapter 58 also presented \$9,000 in scholarships to seven deserving students. In addition, when our long time, late brother Jerry Pangakis passed, not long ago, our chapter presented his family with our \$3,000 Assurance Fund Benefit. This is something our chapter does whenever one of our members in good standing passes away. It was brother Jerry's wish that those funds be donated back to our chapter, to offer two additional \$1,500.00 scholarships to another two deserving students. Thank you, brother Jerry and family!

Our last meeting of the year was celebrated with a BBQ for the AHEPA Family in Hartford, with members of the Hartford DOP Thoas Chapter 198 joining us. The BBQ was prepared by our outgoing President Manoli Bonatsakis, who has done a great job of leading our chapter for the last two years, along with Brother Manny Fas. A good time was had by all who attended.

2025 marks the 100 Year Anniversary for AHEPA Chapter 58. The Centennial Gala Committee has been busy throughout the summer, meeting online weekly organizing our 100th Anniversary Celebration. Our Centennial Gala Celebration promises to be a beautiful, meaningful program, with an exciting dinner dance, Saturday, October 18, 2025, at the Courtyard Marriott in Cromwell CT, featuring the talented Enosis Geek Orchestra from Boston!

Submitted by Jim Triarhos

Yankee District 7 Scholarship Awards Dinner - Holy Trinity Greek Orthodox Church, Waterbury, CT, June 22, 2025

Twenty-four (24) college students received \$28,300 in scholarships at a dinner hosted by the Waterbury Chapters of AHEPA and the Daughters of Penelope. Education co-chairs, Peter Patsouris and Julie Koulouris, oversaw the scholarship selection process and scholarships were presented to sixteen (16) students and three (3) relatives of the students present at the event.

Lt. Governor Elisa Marotta, PDG (DOP) and Governor John Fakis (AHEPA) addressed the gathering. The program was chaired by Penny Pecka and emceed by PSP Dr. John Grossomanides. The Yankee District #7 Foundation manages the investments that generate the money for these scholarships. The officers of the Foundation are Dr. John Grossomanides, PSP, President; Maria Tougas, Vice President; Elisa Marotta, PDG, Secretary; and Alex Boutsoulis, Supreme Governor, Treasurer. Also present were Board Members, Anna-Helene Grossomanides, PGP and George Coclin, Providence President Chapter 106. Penny Pecka is the Scholarship Liaison.

Hors D'Oeuvres, a fantastic meal prepared by brother Paul Velezis and desserts by Marianne Boutsoulis, PGG was enjoyed by all. An invocation prayer was given by Fr. George Kasapoglu.

Congratulations to the latest group of scholars for their many accomplishments. We wish you success!

Students were awarded the following named scholarships: Greek Orthodox Archdiocese of America: Kathryn Sakoulas, Waterbury DOP; Mika Stamos, New Britain, CT AHEPA; Mary & Angelo Pappas: Eliana Capobianco, Waterbury, CT AHEPA #48; Gia Gagas, Waterbury, CT AHEPA #48; Dimitrios Gounaris, Danielson, CT AHEPA #418; Christina Kapros, New Britain, CT AHEPA #117; Niki Kelemidis, Bridgeport, CT DOP #41; Barbara Kotsaftis, Waterbury, CT AHEPA #48; Alexander Koutsoukos, Stamford, CT AHEPA #99; Alexander Manos, New Britain, CT AHEPA #117; Luke Rafti, Hartford, CT DOP #198; Mary Sakoulas, Waterbury, CT DOP #199. Dino Macricostas: Alexandra Arnold, Hartford, CT DOP #198; Victoria Gagas, Waterbury, CT AHEPA #48; Despina Kelemidis, Bridgeport, CT DOP #41; Angela Koci, New Britain, CT, AHEPA #117; Peter E. Mitchell Memorial: Anastasia Conlin, Providence, RI AHEPA #106; Daughters of Penelope District Lodge #7: Christopher Lambros, Providence, RI AHEPA #106; Fr. Charles & Costa Simones Memorial: Christopher Lambros, Providence, RI AHEPA #106; Emanuel Cosmas Family: Konstantinos Spanolios, New Haven, CT AHEPA #98; Rados Family: Dimitra Ritsatos, New Britain, CT AHEPA #117; Dr. John and Anna Helene Grossomanides: Christina Constantinou, Waterbury, CT AHEPA #48; John Louziotis: Constantine Conlin, Providence, RI AHEPA #106; John G. Grossomanides Memorial: Aristotelis Lazaridis, New Britain, CT AHEPA #117.




Nathan Hale
Hartford Chapter 58
Founded: February 25th, 1925

Celebrating 100 Years

Centennial Gala

October 18th, 2025 | 6:00PM | Dinner, Dancing & Delight!

Ready to Join the Celebration?
Scan the QR code to secure your tickets.
Key event details and payment instructions are outlined.

Interested in Sponsoring the Centennial Gala?
We'd love to connect! Email us at ahepagala@gmail.com to learn more about sponsorship opportunities.

<https://forms.gle/LVLDx8U7862qXUG7>



SCAN ME



Live Music by ENOSIS!
With their broad repertoire of traditional Greek "dimotika" laika and elefra, as well as modern laika and American standards, you'll never leave the dancefloor!

Saturday, October 18th | 6:00 - 11:00pm
Courtyard Marriott | 4 Sebethe Drive, Cromwell, CT 06416
100 Years - Let's Celebrate with Dinner, Dancing & Delight!

Questions? Email ahepagala@gmail.com for more information!

Brother Peter Halepas
Music Director
122 Sunrise Hill Circle
Orange, CT 06477
(203) 623-7241

**Serving Connecticut,
New York,
Massachusetts
& Rhode Island**

Grecian Nights Or-
chestra

Traditional & Popular Greek
Music for All Occasions

Bouzouki, Keyboard, Vocalists, Violin, Clarinet & Guitar
Past distinguished performances for world renowned dignitaries:
President George H. W. Bush, Mayor Rudolph Giuliani,
Mikhail Gorbachev, Nana Mouskouri, Archbishop Desmond Tutu & Elie

Celebrating our 100th Year

1925 - 2025



AHEPA Chapter 62
Bridgeport, CT

Danielson AHEPA Chapter 418 News

2025 has brought new life into the Danielson CT Chapter 418 as many new members were initiated and many old members were brought back into to the fold.

We started the year launching a new basketball team sponsored by brother John Kazantzis the team participated in two Boston tournaments and had a win in each tournament. Chapter 418 also organized a Greek Independence Day at the Brooklyn, CT Town Hall and announced awards for scholarships and made a pledge to Holy Trinity Church Dome restoration project. The chapter is planning a golf tournament in October to raise more money to complete the project.

Brother Christian Menounos broke the Eastern Connecticut Conference record that stood since 1975 and will be on the UConn track team this coming year!

Submitted by Peter A. Menounos



Greek Independence Day at the Brooklyn, CT Town Hall

Chapter 418 Basketball Team sponsored by brother John Kazantzis



Christian Menounos, Brooklyn, CT, (Woodstock Academy), is the selectee of the Past Supreme Athletic Director Dr. Monthe N. Kofos Athletic Boosters Club Award. He was a CT Cross Country 3-time All-Stater, and an indoor Track All-Stater and was selected to the All-New England Cross Country team and was a Coaches Association Scholars-Athlete Selectee, and will matriculate the University of Connecticut.

Menounos set a Eastern Connecticut Conference 1600-meter record with a 4:15.80 time which stood since 1975.



Chapter 250, Winthrop News



AHEPA New London Housing Foundation Gives Out \$23,800

Our continued support of the AHEPA New London Foundation is another successful program made possible through the AHEPA Senior Living Board. \$23,800 in grants were presented in 2025 to 15 charitable organizations in the southeastern Connecticut community. The grants also included scholarships to young deserving seniors of 13 local high schools. Grants were also provided to Yankee News, AHEPA Service Dogs for Warriors and Paidea Society. An awards ceremony was held on May 14, 2025 to honor all the award recipients. We had 14 organizations in attendance at the event and received feedback on what their organizations do. Winthrop Chapter 250 has provided over \$340,000 in AHEPA housing foundation grants to local charitable organizations and high schools since 1998.

Chapter 250 Initiation Ceremony

On May 19, 2025, Nicholas Psillas was initiated into Winthrop AHEPA Chapter 250. Eighteen brother AHEPANS were in attendance for the initiation. District 7 Governor John Fakis and Lt. Governor Demetrius Tasoulas, PDG conducted the initiation. Also in attendance was PSS Terry Mitchell. Nick is a resident of the AHEPA Elderly Housing in Niantic and is now one of 4 residents that are members of the chapter. The brothers enjoyed a wonderful shrimp and rice dinner made by master chefs and bothers Joe Josephides, George Mitchell, Jimmy Maistros, and Stephan Seferlis prior to the meeting.



AHEPA 250 Scholarship Awards Dinner - Submitted by Greg Simones

A scholarship awards dinner was held July 29, 2025 at the Winthrop 250 Elderly Apartments in Niantic CT. Approximately 25 AHEPA brothers and their families attended the affair, and everyone enjoyed good food and great camaraderie. Winthrop Chapter 250 awarded a total of \$4200 in scholarships to 4 deserving students graduating from high school and continuing their college education. The award recipients included Anna Orphanides granddaughter of Deme Orphanides, Niki Hashimoto-Kehayias daughter of Pantelis Kehayias, Nathan Wyke grandson of George Perinis, and Alexandra Seferlis granddaughter of Steve Seferlis.



SALUTATIONS

AHEPA DISTRICT SEVEN LODGE

<https://ahepadistrict7.org>

Greetings to all the D7 Chapters and best wishes for continued success

- John Fakis – Governor
- Demetrius Tasoulis, PDG – Lt. Governor
- John Melonopoulos, PDG – Treasurer
- Alexander Philippides – Marshal
- Gregory Stamos, PSC – Athletic Director
- Gregory Simones – Region 4 Supreme Governor

John N Fakis
District 7 Governor and
Past President, Vice President
and Current Secretary Of Chapter 250

and
Jeanne Fakis
Daughters PDG



BEST WISHES
to all of our Brothers!

from
**JOHN & STEVEN
GAGAS**

AHEPA Chapter 121 - Pawtucket News

Submitted by Ioannis Apostolakis

On May 18, we celebrated National AHEPA Day, with a free community brunch. We were amazed by the participation and support of our Assumption Greek Orthodox community.

During National AHEPA Day, the Pontian Genocide anniversary. A century ago, the Pontian Greeks, of the Black Sea, became the victims of an unprecedented atrocity by the Ottoman Turks. They were persecuted, displaced and over 350,000 were killed!

Την πατρίδα μ' έχασα,
 άκλαψα και πόνεσα,
 λύουμαι κι αροθυμώ
 ν' ανασπάλω κι' επορώ



I lost my homeland,
 I cried and I was hurt,
 I cry and I remember,
 I cannot forget

We were honored by the presence of Senators Leonidas Raptakis and David Tikoian, who joined us in remembering the Pontian Genocide and shared their efforts in raising awareness in our state about his tragic event along with the Armenian Genocide (commemorated April 24th). We were touched by the words of our AHEPA Brothers Stefanos Svitlitsas and Vasilis Chrysanthopoulos. We felt the emotions of Senator Tikoian, when he talked to us about the Armenian Genocide, which occurred in parallel with the Pontian Genocide. Senator Tikoian's family is a survivor of the Armenian Genocide. Senator Raptakis, with the support of Senators Tikoian and Gallo, passed successfully a resolution at the Rhode Island State House commemorating this occasion.



From Left to right: Rhode Island State Senator Lou Raptakis, Hellenic Navy Officer Captain Theodoros Theodorou, Stefanos Svitlitsas, Olympia AHEPA Chapter 121 President Ioannis Apostolakis, State Senator David Tikoian, Hellenic Navy Commander Konstantinos Voskakis and Vasilis Chrysanthopoulos

Assumption Greek Orthodox Church Community and AHEPA Olympia Chapter 121 Pawtucket Rhode Island



Stefanos Svitlitsas & Rhode Island State Senator Leonidas "Lou" Raptakis

DOP Chapter 198, Hartford News

Submitted by Anna Rafti

NEW MEMBERS

We are thrilled to welcome and initiate two new members into our chapter—Stefania Tartsinis and Monte Suleiman. Welcome to the sisterhood!

Monte Suleiman, Stefania Tartsinis & Anna Rafti



GREEK FESTIVAL

Our Sisters volunteering and promoting Daughters of Penelope while proudly wearing their DOP aprons at the annual Greek Festival at St. George's Cathedral!

Barbara Bellas, Simona Trofimov & Elaina Varunes

HONORING ACADEMIC EXCELLENCE

We proudly awarded scholarships to seven exceptional students who are continuing their educational journeys at the college level.

A heartfelt thank you to everyone who supported our raffle, bag bingo, and lambades fundraisers. Your generosity directly made these scholarships possible.



Anna Rafti, Vasilios Tsipouras, Luke Rafti, Lia Arnold, Maria Kapetanopoulos, Fr. George Zugravu, Thea Fleury, Jack Lynch, Sophia Lynch & Marilyn Mantziaris

END OF THE YEAR OUTING

We gathered for a joyful outing before our summer break! Thank you to all the sisters who came out to share the food, laughter, and meaningful conversation. Special thanks to St. George Greek Orthodox Cathedral for being the heart of our community. The evening wrapped up with singing, dancing, and a reminder of the strength of our sisterhood.



Nitsa Tsipouras, Anna Rafti, Maria Tougas, Sophie Kapetanopoulos, Monte Suleiman, Elaina Varunes, Athena Androulakis, Elisa Marotta, Kal Astras, Anthia Vardoulakis, Marilyn Mantziaris & Priscilla Kokinis; Litsa Antoniou, Harita Seiderer, Barbara Bellas & Stephanie Zapatka



Marilyn Mantziaris, Katina Arnold & Anna Rafti

DOP DESIGNER BAG BINGO

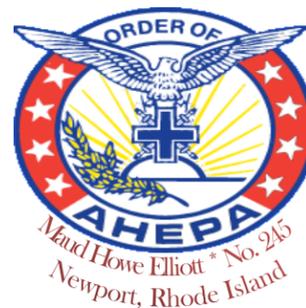
Our DOP sisters may have gotten a little carried away with shopping... but it's all for a great cause! These fabulous designer bags will be up for grabs at our Designer Bag Bingo fundraiser to be held on Thursday, November 13th. Stay tuned for event details.



**Daughters of Penelope
 Yankee District Lodge #7**

- District Governor - Marcella Calagias
- Lt. Governor - Elisa Marotta
- Secretary - Marianne Boutsoulis
- Treasurer - Katina Arnold
- Marshal - Christina Smith
- District Advisor - Penny Pecka

Grand Governor - Lainie Damaskos-Christou
*Hellenism, Education, Philanthropy, Civic Responsibility,
 Family and Individual Excellence*



**Maud Howe Elliott
 Chapter No. 245**

Newport, RI

*founded
 November 24, 1929*

Greek Orthodox Archdiocese of America awards \$5,000 Scholarship Grant to Yankee District 7 Foundation

In March of 2025 the Greek Orthodox Archdiocese of America announced that they would provide financial support to AHEPA District Foundations to assist our youth in obtaining an education that they might otherwise not achieve. The YD7 Foundation immediately applied and received the \$5,000 grant. The grant was awarded during our annual Scholarship Dinner held in Waterbury, CT on June 22, 2025. The two students who received the scholarship, in equal shares, were Kathryn Sakoulas, the daughter of Violet Sakoulas, who is a member of the Waterbury Daughters of Penelope, Chapter 199 and Mike Stamos, the son of Michael Stamos, who is a member of the New Britain AHEPA, chapter 117. Congratulations to both of these young scholars. We are very grateful to His Eminence, Archbishop Elpidophoros and the Greek Orthodox Archdiocese of America for this financial support for our college students. We pray that they continue this practice for many years to come.
Penny Pecka
YD 7 Foundation Liaison

Compliments from



The Boutsoulis Family



Providing our elderly with security & comfort.
AHEPA #245, Inc.
Newport, RI



Dr. John Grossomanides
Past Supreme President
AHEPA
&
Anna-Helene Grossomanides
Past Grand President
Daughters of Penelope

AHEPA CHAPTER 48 NEWS - WATERBURY

- ◆ An End of the Year Outing took place at Four Brothers in Mahopac on Wednesday, June 4th. Approximately 35 brothers attended the affair. Thank you to Brother John S. Velezis & his mother, Sister Lola Velezis for their hospitality.
- ◆ 29th Annual AHEPA Golf Tournament taking place on Sunday, Sept. 7th at Hawks Landing CC in Southington, CT.
- ◆ Dinner of the Month, one of our largest fundraisers, set for Monday, Sept. 22nd at Holy Trinity in Waterbury

An AHEPAN mentor told me, "You get out of AHEPA what you put into it". I believe you get more. Opportunity awaits you. Get active in your chapters today!



Gregory C. Simones, SG Region 4



NORWICH Financial

Brother Paul Vardoulakis
Financial Advisor

Dedicated to providing exceptional service, comprehensive wealth management and caring advice for more than 20 years. *Helping to build, manage and preserve wealth one client at a time.*

11 Wawecus Street
Norwich, CT 06360
Phone: (860) 887-8811
paulv@norwichfinancialllc.com

4 Water Street
Chester, CT 06412
Phone: (860) 526-2021
www.norwichfinancialllc.com

Securities and advisory services offered through Commonwealth Financial Network. Member FINRA, SIPC, a Registered Investment Advisor.

Holiday Inn, Norwich, CT, New England Regional Convention (NERC), May 3, 2025:

Districts 7, 8, and 9 sent nearly 75 attendees to the Convention. District 7 sent 27 AHEPA delegates and the DOP had 15 for a total of 42 people. Highlights of the day were a color guard to open the Convention, AHEPA and DOP business meetings, and an evening banquet. Convention Chair was Vagos Hadjimichael, PDG, Vice Chair George Scarveles, PSG, and Secretary Glenn Arnold.



Yankee D7 PDGs

Lunch guest speaker was Paul Pavlakos Sons Past Supreme President discussing Sons "100 Campaign". Also, RI Senator Lou Raptakis presented his designs and efforts for an AHEPA license plate to be created. The afternoon session consisted of an education foundation meeting and elections, chapter president's roundtable discussion, and district elections. District 7 AHEPANs elected new officers for 2025-2026: John Fakis, Governor; Demetrius Tasoulas, PDG, Lt. Governor; Secretary position was not filled; and John Melonopoulos, PDG, Treasurer.

Honored guests in attendance were Zenon Christodolou, Supreme Secretary; Alex Geourntas, Board of Trustees; Alex Boutsoulis, Supreme Governor Region 4; Antoinette Zachariades, Grand Vice President; Lainie Damaskos-Christou, Grand Governor; and George Antonellis, Sons Supreme Governor.



Compliments of
Supreme President
Jimmy Kokotas



W. Michael Forte

Executive Director
Government Entity Specialist
Financial Advisor

William.m.forte@morganstanley.com
advisor.morganstanley.com/forte-mason-d-amico-group

OLD SCHOOL GRIT
NEW WORLD IDEAS

433 South Main Street
Suite 100
West Hartford, CT 06110
tel 860.313.7117
fax 860.313.7272

COMPLIMENTS OF



NATHAN HALE CHAPTER NO. 58
HARTFORD, CT

WE SUPPORT THE YANKEE NEWS
IN ITS MISSION TO ENLIGHTEN
AND INFORM

Chapter 117, New Britain News

Submitted by Andy Aros

NEW BRITAIN AHEPA ENDS THE YEAR WITH A COMMUNITY PICNIC AND STUDENT AWARDS

Every June, New Britain AHEPA Chapter 117 hosts a picnic for the St. George Greek Orthodox Church community at Churchill Park in Newington. Again, Chairman Panagiotis Palkanikos made certain everything was supplied for those present to have an enjoyable time. The menu included hot dogs, hamburgers, and souvlaki, plus Greek staples of moussaka and pistachio. A special thank you to the committee of brothers who assisted our chairman; they include Jim Babetas, Mike Bolovis, Nick Bouras, Perry Moustakakis, Chis Nasiakos and Titos Ritsatos.

New Briain AHEPA is dedicated to the youth activities at St. George. This includes financially supporting the Sunday School, providing the majority of the tuition for the students who attend Greek School and paying for much of the social activities of the youth groups.

Our annual Golf Tournament Chaired by Brothers Stamatis Kounaris, Chris Kounaris and Matt Golfin raises the funds for the youngsters' Ski Outing. At Christmas, all the students and a local charity are presented gifts from Santa who makes a special trip to New Britain at the request of our chapter. Almost every month, the young people gather in our social hall for "A Night at the Movies."

At the conclusion of the Greek School year, AHEPA, at the direction of the teaching staff, awards those students who have excelled. This year Panagiotis Tsarouhas was recognized as the Outstanding Student of the Year. Other students who also received awards included: Joanna Deluca, Minas Halkias, Sophia Hood, Tommy Marino, Anastasia Rosario and Barbara Tsarouhas.

Submitted – Andy Aros



St. George Students and Staff with Very Rev. Father Spyridon Chatzis



Panagiotis Tsarouchas receives his award from Vice President Stephen Polezonis and Very Rev. Father Spyridon Chatzis



District Governor John Fakis was recognized by AHEPA Supreme President Savas Tsivicos with the Heroes Award on June 19, 2025 at the Bridgeport, CT Chapter 62 end of business year dinner.

Brothers George Antonellis, Gregory Simones, George Scarvelles & Dr. John Grossomanides at the AHEPA National Convention



1500 BC
Mycenaean
Mask



1150 BC
Ruins of Dorian
Invasion



750 BC
Homer



450 BC
Pericles



45 BC
Cleopatra

2025-26 D7 Hellenic History Tournament (Northeast)

Competition Sponsored by Yankee District #7 of AHEPA (CT & RI)
(The American Hellenic Educational Progressive Association)

WHAT'S AT STAKE?

- A \$1,000 prize for each member of the winning team (x 3 = \$3,000)
- A 500 prize for each member of the second team (x 3 = \$1,500)
- A trophy and bragging rights!

WHO CAN PARTICIPATE?

- Any student who is in grades 8-12 in the 2025-26 academic year and who has not won two previous Northeast tournaments or two International tournaments.
- Who is sponsored by an AHEPA chapter or other Hellenic organization; and
- Who wants to learn about the 3,500-year history of the Hellenes (Greek speakers)

HOW TO GET INVOLVED?

- Form or join a three-student team and secure proper sponsorship
- Register by June 30, 2025 (mail registration form (\$25 for book and/or \$10 no book))
- Receive a book on Hellenic history that also provides bibliography for further reading
- Prepare by reading it and other books during the summer
- Take part in a one-day quiz-show-type hybrid single-elimination tournament
- Win matches by answering more multiple-choice questions than the competing team
- Be a member of the teams that advance to the final match

WHEN IS IT?

- Saturday, November 22, 2025 at 11:00 am to about 4:30 pm

WHERE IS IT?

- St Barbara Greek Orthodox Church, 480 Racebrook Rd, Orange, CT 06477

Additional Information, please contact:

- Gregory Simones, 803-463-0495, pdgahepad7@gmail.com, or www.ahepad7.org



250 AD
Diophantus



620 AD
Heraclius



950 AD
Constantine VII
Porphyrogenetus



Andronicus II
Palaeologus



Domenikos
Theotokopoulos
(El Greco)



Makarios

Celebrating our 95th Year



AHEPA

**Southeastern Connecticut
Winthrop Chapter 250**



Open Tuesday - Sunday
Fresh Seafood, Chicken, Veal & Pizza

Private Event Space for up to 65 guests

1841 Berlin Turnpike, Wethersfield, CT 06109

860.257.4191

www.ElainesBarandGrill.com

Brother Dino Karabetsos

District 7 AHEPA Family Officers & Advisors

AHEPA Officers

Governor *John Fakis* (860) 326-9543 yanni46@aol.com
 Lieutenant Governor *Demetrius Tasoulis, PDG* (860) 608-7908 deteagle400@yahoo.com
 Treasurer *John Melonopoulos, PDG* (860) 938-6262 john.melonopoulos@comcast.net
 Athletic Advisor *Greg Stamos, PSC* (203) 735-9293 greg@stamoslaw.net
 Region 4 Supreme Governor *Greg Simones* (803) 463-0495 pdgahepad7@gmail.com

Daughters of Penelope Officers

Governor *Marcella Calagias* PDG D5 - marcella.calagias@verizon.net
 Lieutenant Governor *Elisa Marotta* - esmarotta@gmail.com
 Secretary *Marianne Boutsoulis* PDG - mboutsoulis@gmail.com
 Treasurer *Katina Arnold* - katina.arnold@gmail.com
 Marshal *Christina Smith* - smithtmeg@hotmail.com
 District Advisor *Penny Pecka* - ppecka@newhaven.edu

Yankee News Office: 88 Scott Swamp Rd., Unit 328, Farmington, CT 06032

Editor *Greg Simones* pdgahepad7@gmail.com Publicist *Carrie Smernoff* holytrinitywaterbury@gmail.com
 Managing Editor *Alex Boutsoulis* alexboutsoulis@gmail.com Financial Officer *John Melonopoulos* john.melonopoulos@comcast.net

Calendar of District 7 Upcoming Events

August 29-September 1: Odyssey Greek Festival, St. Barbara Church - Orange, CT
 Sept. 7: Waterbury AHEPA Chapter 48 Golf Tournament - Hawks Landing GC, Southington, CT
 Sept. 10: DOP Chapter 199 Wine Tasting - Tranquility Vineyard, Middlebury, CT
 Sept. 19: New Haven AHEPA Chapter 98 & St. Barbara Charity Golf Outing, Orange Hills CC, Orange, CT
 Sept. 22: Waterbury AHEPA Chapter 48 Dinner of the Month - Holy Trinity Church, Waterbury, CT
 Oct. 18: Hartford AHEPA Chapter 58 Centennial Gala - Courtyard Marriot, Cromwell, CT
 Nov. 8: Fall Conference - UConn, Storrs, CT
 Nov. 8: Yankee News (December Issue) Story Deadline
 Nov. 13: Hartford DOP Chapter 198 Designer Bag Bingo
 Nov 22: Northeast Region Hellenic History Tournament - St. Barbara Church, Orange, CT

When submitting articles for the Yankee News, please send them as a Word document with photos in jpeg format attached *separately* (not embedded in the article itself). Please send all submissions to both Alex Boutsoulis (alexboutsoulis@gmail.com) and Carrie Smernoff (holytrinitywaterbury@gmail.com) . Thank you!



International Hellenic History Tournament 2025 - Champions from Toronto, Canada



Brother George Scarveles & his friend Donald Duck



ST. GEORGE GREEK ORTHODOX CATHEDRAL

433 FAIRFIELD AVENUE, HARTFORD, CT, 06114
 860.956.7586
www.stgeorgecathedral.org
 REV., DR., GEORGE ZUGRAVU

Compliments of the Officers of AHEPA
"Rose of New England"
 Chapter #110, Norwich, CT

Democles Angelopoulos ~ President
 Peter Patsouris ~ Vice President
 Chris Valkanos ~ Treasurer
 Telly Demestihias ~ Secretary

CHRIS KAITSON

AHEPA SUPREME PRESIDENT

BOURAS
 Landscaping & Paving
860-416-0261

Brown Paindiris & Scott, LLP

Attorney Nick Paindiris

2252 Main Street
 Glastonbury, CT
 860-659-0700
www.bpslawyers.com

100 Pearl Street
 Hartford, CT
 860-522-3343

To our AHEPA family: Wishing you all a successful & productive year.

Daughters of Penelope
 Thoas 198
 "WARRIORS"
 Hartford, CT